

WOMEN'S EDUCATIONAL & HEALING RETREATS INC.

OCTOBER 29-30, 2020

HEALING THE HEART'S DISABILITIES

A SPACE RESERVED JUST FOR YOU

~~\$1795~~
ORIGINAL PRICE

\$221

QUARANTINE SPECIAL

A VIRTUAL
HEALING RETREAT



HEALING *Invisible* WOUNDS
TEACHING *women* TO GET WELL
People



Life is like a parking lot.

We drive around and around trying to find:

A place to fit.

A place to get in.

A place to land.

A place to access what we need.

For some, life is like a crowded parking lot. We try to get as close as we can to "the doorway," whatever that doorway may be. Every now and then, the crowds are too preoccupied, uncaring or unobservant to notice that we need a little help. The reality of our own pain, disability or inability appears to matter to no one else except us. These days, we are excruciatingly careful of where we step, the pace we must take, or the length of time it now takes us to get where we need to be. When we have been deeply hurt, we become "differently-abled" in our hearts.

For others, life is like a deserted parking lot.

Sometimes it is very, very empty. We can park anywhere it seems, yet we are estranged from anyone that matters. With all of the vacancies, it becomes quite clear that if we were to stumble or fall or land on the ground, we would just have to lay there. There is no one around at all to assist. We would be the persons in the age old commercial who have "fallen and cannot get up."

May I come closer and gently tap on your car window pane?

Can you admit that we have all been handicapped by life events? We 'present' one way, yet we feel another way. And since we are good at 'keeping it moving,' it just looks like we are not hurting.

The Women's Educational and Healing Retreats {WEHR, Inc.} has you in mind. We invite you to join us as we survey various aspects of trauma surrounding the human experience and seek healing for the heart's disabilities. We have painted stripes on the ground, erected a reserved sign for your arrival, and posted a fine for any unauthorized intruders into your space. We want to aide in getting you closer to the door of your recovery, so you can walk in and out with ease. Don't be ashamed to park here awhile. God has issued you a permit to pull in. It is your reserved space. Stop awhile and do your work.

Claudette



The background is a complex, abstract composition. It features a central, vibrant splash of colors ranging from deep magenta to bright orange and red. This splash is overlaid with a series of black and white chevron patterns that create a sense of depth and movement. The overall effect is layered and textured, with various shades of pink, purple, and red blending into each other. There are also some white and grey splatters scattered throughout, particularly on the right side, adding to the dynamic and artistic feel of the design.

SESSIONS

Chardette

HEALING *Invisible* WOUNDS
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POTHOLES IN THE PAVEMENT

UNEARTHING THE HIDDEN PRICE TAG OF UNATTENDED TRAUMA

What exactly is trauma? What does it do to the mind, the soul, and to our relationships? It has an evil root and insidious, sinister, crafty maneuvers. Like a pothole hidden in the road, trauma can throw off our alignment in life and cause unseen damage to our underbelly. Sometimes, even when potholes are filled, because we've driven by the same one for years, we may become triggered every time we come up on one. This workshop will unearth the debilitating cost that unattended trauma yields. It will cause us to consider how we live with the post-traumatic effects and dare us to answer the hard question: Can trauma be healed?

DR. JANICE STEVENSON | LIFETIME TV "ESCAPING EPSTEIN"

A DESERTED PARKING LOT

Mourning in every society is done in community. This pandemic has us caught in the rain in our vehicle, alone. Weeping and waiting. "When do I to get out of the car? After all, no one is there with an umbrella to cover me." Grieving needs space. And its own pace. And a caring face. Death, burial and funerals in the lonely age of Covid19 must be given honor. In this workshop, you will be encouraged to name, note and nudge to the surface the things which have left harsh vacancies. Observe what follows.

REV. DR. CLAUDETTE A. COPELAND, HOST , WEHR FOUNDER



A FLAT TIRE WITH NO SPARE

EXPLORING THE WOUNDS MEN QUIETLY COAST WITH

Imperfect fathers, lovers, husbands, brothers and friends. Every woman has had one or is with one now. Even though most men teach the women in their lives how to change the flat, some have been known to keep driving while they have a flat tire, which can lead to a major breakdown or blowout. For fathers who are not in heaven, can leave adult children who experience hell on earth. This will be a step toward a healing conversation for men, the ones who love them and who (try to) live with them.

REV. MICAIAH YOUNG, AUTHOR | MILWAUKEE, WISCONSIN

REV. MARVIN BROWN, LPC | CARING COUNSELING & CONSULTING



HIT AND {CAN'T} RUN

Has someone ever damaged your parked car, and driven away unnoticed? How does one manage the secrets and exploding landmines of family life past and present when there is no place to run? When the alternatives lurch between soul despair, mental unwellness, violence, departure, or the hard work of renegotiation, what are the steps we are to take? GROWTH...but what does that look like? This workshop will reveal how "staying home and staying safe" has surfaced a whole other dangerous opportunity.

REV. MARTIN ESPINOSA | RAY OF HOPE CHRISTIAN CHURCH



WEHR WORSHIP



EARNEST PUGH



DAVID MICHAEL WYATT

Shardette

RE-STRIPE THIS PARKING LOT

The place of science and prayer in renewing the mind. Can I heal my own biases, in light of my own social pain? Do I even care to? Racial anger, visions of violence, gender bias, homophobia, social superiority, social inferiority, sexism, classism, mental health bias... and other closeted social realities often clash with my "faith." This workshop investigates what it means for all 'different' lives to matter and will guide you in making new space for your head and heart for 'the other.'

DR. RENE' ROCHESTER | PHAT STAR LEARNING, LLC



TOW ME TO THE BODY SHOP

Small scrapes, dents, cracks, nicks and fender benders all reduce the value of the vehicle. Large collisions can make it undriveable. What has happened in OUR BODIES as a result of breast cancer, Covid19, stress, loss, unemployment and more? PHYSICAL REPAIR. How do you manage PAIN? Who and what prohibits our wellness? Who are your caretakers? Have you become a caregiver? Where do we start to get well for ourselves? This workshop will provoke you to ponder, pray and prepare to make some necessary repairs!

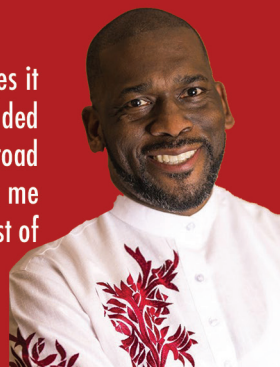
**DR. CHANEQUA WALKER-BARNES
MERCER UNIVERSITY MCAFFEE SCHOOL OF THEOLOGY**



PUT THIS CAR IN REVERSE

Black Trauma Matters. Rage, reassessment and refusing re-injury. What does it mean to stand up without getting beaten down? How is black trauma embedded in the personality, the family, the church and the soul? Can I avoid more 'road rage' and parking lot scuffles? How can the injuries of common people like me manifest in social education and change? This workshop will consider the cost of reversing the pandemic of racism in America.

REV. DR. JAMAL BRYANT | NEW BIRTH MBC



CAN'T REMEMBER WHERE I PARKED

MUSINGS ON THE LOSS OF CHURCH

How do I trust God when God's ways allow the disintegration of the vehicle that transported me all my life? What's next when the music is silent, the sacred symbols have been discarded, the community has scattered and the doors are shuttered... maybe for good. Some saints will never return. Though our hearts may be fainting and our hope seems fractured, where do we find "broken roads that lead us back" to solid footing with 'The Body of Christ?'

**REV. RENITA J. WEEMS
HEBREW BIBLE SCHOLAR + WOMANIST THEOLOGIAN**



THE WEE-HR



"WHEN HEALING FINALLY COMES"
JACKIE HILL PERRY, AUTHOR | "GAY GIRL, GOOD GOD"

Chavette

HEALING *Invisible* **WOUNDS**
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People

5:30 PM

Musical Interlude
Earnest Pugh

6:00 PM

Introductory Session
**Dr. Janice
Stevenson**

6:45 PM

Session II
**Rev. Dr.
Claudette A.
Copeland**

THURS. OCT. 29

7:30 PM

Session III
**Rev. Marvin Brown
Rev. Macaiah Young**

8:15 PM

Session IV
**Rev.
Martin Espinosa**

9:15 PM

Closing Session
**Evening Assignment
Musical Devotion
Prayers for our minds
Benediction + Sign Off**

OUR SCHEDULE

5:30 PM

Musical Interlude
David Michael Wyatt

6:00 PM

Session V
Dr. Rene Rochester

6:45 PM

Session VI
**Dr. Chenequa
Walker-Barnes**

FRI. OCT. 30

7:30 PM

Session VII
Dr. Jamal Bryant

8:15 PM

Session VIII
**Rev. Dr.
Renita Weems**

10:00 PM

The WEE- HR
Jackie Hill Perry